



3rd UKHD/EUROPEAN CARDIOVASCULAR DISEASES UPDATE CONGRESS

OCTOBER 1-4 2026 BRUSSELS

HOTEL LE PLAZA BRUSSELS





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1-4 OCT 2026, HOTEL LE PLAZA BRUSSELS / BRUSSELS

1 OCT 2026

14:00-15:20 OPENING CEREMONY

RATIONAL DRUG USE IN CV FIELD

Moderators: Dr. Francesco Fici, Dr. İstemihan Tengiz

14:00-14:20 Introduction speech

Dr. İstemihan Tengiz

14:20-14:40 Introduction speech

Dr. Francesco Fici

14:40-15:20 Functional medicine and rational drug use in the cardiovascular field

Dr. Sabır Jahid

15:20-15:30 COFFEE BREAK

15:30-17:00 SESSION I

Moderatör / Moderator: Dr. İstemihan Tengiz

15:30-16:15 Lp-a in cardiovascular protection

Dr. Yasmin Rustamova

16:15-17:00 The future in treatment of dyslipidaemias

Dr. Francesco Fici

17:00-19:00 SESSION II

Moderators: Dr. Philippe van de Borne

17:00 -18:00 Renal and Cardiovascular Considerations of SGLT2 Inhibitors

Dr. Mustafa Araz

18:00-19:00 Hypertension Guideline Update from ESH to ESC

Dr. Konstantinos Tsioufis



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2 OCT 2026

09:30-10:30 SESSION III

Moderator: Dr. Ertuğrul Ercan

09:30-10:30 Diabetes: Diagnostic and therapeutic principles
Dr. Mustafa Araz

10:30-10:45 COFFEE BREAK

10:45-11:45 SESSION IV

Moderator: Dr. Francesco Fici

10:45-11:45 Management of complication in type 2 diabetes
Dr. Philippe van de Borne

11:45-12:15 COFFEE BREAK

12:15-13:30 SESSION V

Moderator: Dr. Francesco Fici

12:15-13:30 Pharmacological approach in hypertension treatment: Current guidelines
Dr. Gianfranco Parati

13:30-15:00 LUNCH

15:00-16:00 SESSION VI

Moderator: Dr. Konstantinos Tsioufis

15:00-16:00 Management of dyslipidaemia with guidelines
Dr. Oğuz Yavuzgil

16:00-16:15 COFFEE BREAK

16:15-17:30 SESSION VII

Moderator: Dr. İstemihan Tengiz

16:15-17:30 Atrial fibrillation management and anticoagulant use
Dr. Nihal Akar Bayram



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3 OCT 2026

09:30-10:30 SESSION VIII

Moderator: Dr. Gianfranco Parati

09:30-10:30 Case reports in hypertension treatment
Dr. Roberto Robles

10:30-10:45 COFFEE BREAK

10:45-11:45 SESSION IX

Moderator: Dr. Ertuğrul Ercan

10:30-11:45 Case reports in dyslipidemia treatment
Dr. Oğuz Yavuzgil

11:45-12:15 COFFEE BREAK

12:15-13:15 SESSION X

Moderator: Dr. Hector Jose Bueno Zamora

12:15-13:15 Case reports in type 2 diabetes treatment
Dr. Atacan Akmeşe

13:15-14:45 LUNCH

14:45-16:00 SESSION XI

Moderator: Dr. Nihal Akar Bayram

14:45-16:00 Case reports in atrial fibrillation treatment
Dr. Gunay Rehimova



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4 OCT 2026

09:00-11:00 SESSION XII

Moderator: Dr. Ertuğrul Ercan

09:00-10:00 Coronary artery disease management: 2026
Dr. İstemihan Tengiz

10:00-11:00 Guideline updates for Mitraclip, Triclip and TAVI
Dr. Roberto Robles

11:00-11:15 COFFEE BREAK

11:15-12:45 SESSION XIII

Moderator: Dr. Hector Jose Bueno Zamora

11:15-12:45 Type 2 diabetes in the world:
"what awaits us in the future"
Dr. Mustafa Araz
Dr. Philippe van de Borne

12:45-14:00 SESSION XIV

Moderator: Dr. İstemihan Tengiz

12:45-14:00 International cooperation plans in the KV field
Dr. Francesco Fici

14:00-14:30 Closing

Dr. Francesco Fici, Dr. İstemihan Tengiz